THE PERFECT FOUNDATION FOR ANY BOOMER AND SENIOR BRAIN AND BODY FITNESS PROGRAM

- Improve Balance and Reaction Speed by up to 20%
- Improve Standing Activity Tolerance
- Improves Problem Solving Skills
- Improve Static/Dynamic Balance to Safely Reach Outside Base of Support
- Complements Active Aging and Wellness Programs
WHAT IS THE SMARTfit DIFFERENCE?

Having trainers, clinicians and professional athletes on our staff, we know the importance of brain and body coordination training and how to facilitate it in the most efficient manner. We call it ‘Seize the Now’ programming.

SMARTfit programming provides the missing link by focusing on training the brain to function efficiently while concurrently placing a cardio, strength, motor, and skill demand on the body.

THE MODEL

SMARTfit’s line of ‘Seize the Now’ training systems engage users of all ages in learning and exercise with captivating, interactive technology.

SMARTfit’s powerful performance tracking and monitoring system is highly engaging and motivating. “Active Agers” have affirmed that play is for the “kid in all of us.” In an appealing way, SMARTfit represents a form of time machine; adults get to visit the playground again.

SMARTfit TECHNOLOGY

SMARTfit technology combines seven key elements to create a unique, fun, measurable and highly effective integrated multisensory brain-body training experience.

1. Can be used by everyone – regardless of age and ability
2. Provide instant feedback through motivating play
3. Delivers quick results – eliminating the learning curve
4. Create a Fun & Social environment – leading to building a community within
5. Multisensory stimulation
6. High-level engagement through game play
7. Social & Team interaction

• Ease of Use
• Fast Set Up
• App that drives the Model - iOS/Android interface
• Enlist in an instructor supervised or self-monitored training program
• Gain greater levels of neurological, motor and physical efficiency in record time.
SMARTfit INTELLIGENT ACTIVE AGING PROGRAMMING

A new training method and range of programs for baby boomers and seniors

INSTRUCTOR PORTAL

- Dashboard view of participant’s overall progress
- Generate, print or email participant’s progress
- Create an unlimited number of accounts

SMARTfit Offers

- Reaction Based Protocols
- Scalable Programming for all Users
- Cognitive Problem Solving
- Programming from Low Stress to High Stress Situations
- Programming Low Cognitive Activities to High Cognitive Activities
- Programming Static Drills to Dynamic Drills

SMARTfit Offers

- Neural/Cognitive Training
  - Proprioception, attention and focus
  - Visual, auditory & tactile response
  - Memory, cognitive speed and agility
  - Neuroplasticity

- Social/Behavioral
  - Fun play (“for the kid in all of us”)
  - Cooperation, inclusion and competition
  - Confidence, self-esteem and self-control

SMARTfit PLAY IS FOR THE “KID IN ALL OF US”
When I started looking for a novel way to engage older patients in simultaneous physical activity and cognitive stimulation I looked for about 2 years before I came across your company. You are leaps and bounds ahead of everyone else in the technology itself but also in fostering a genuine passion in everyone who comes in contact with the SmartFit boards. They are fun and engaging and have potential in so many different arenas.

Nikhil Satchidanand PhD MS, Assistant Professor of Family Medicine
University at Buffalo Primary Care Research Institute

WHO IS USING SMARTfit?

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STRENGTHEN NEW BRAIN CONNECTIONS BY ENGAGING THE WHOLE BODY AND MULTIPLE SENSES